

Manning's Special Seniors



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to the men
and women
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Amanda Stoelk, 99, Lifelong Resident of Manning

by Becky Bothun

For 99 years Manning has been home for Amanda Ehlers Stoelk. Amanda was born to Henry and Rosa Ehlers on a farm northeast of Manning on April 15, 1896. She was one of five siblings and is the only surviving member of her parental family.

Amanda and her brothers, Emil, Grover and Edward were raised on a farm where German was spoken fluently. Her sister, Ida, passed away when she was only a couple of years old. The children attended country school where Amanda graduated from the eighth grade.

The only time Amanda had a job outside of the home was at Chris and Bertha Smith's cafe in Manning. She has often spoke of scrubbing the floor in that cafe until it was spotless.

Frank Stoelk took Amanda as his bride on December 16, 1919. Although they had no children, the couple enjoyed a very close-knit family union and treated their nieces and nephews as if they were their own.

The couple farmed into the 1940's at which time they moved to their home at 65 Ann Street in Manning.

"Uncle Frank made walnut grandfather clocks and furniture, and Aunt Amanda did the finishing work after they moved into town," said Amanda's niece, Mrs. Herb (Inez) Mahnke.

Amanda was active in the Presbyterian Church and especially with the "Busy Thimbles" quilting group.

Mahnke said, "Quilting was very important to Aunt Amanda in her active years. She made beautiful quilts and lap robes and donated them to the home."

Frank and Amanda loved to go fishing for bullheads. They had a cottage at Blackhawk and would start going there in the spring and continue their trips until the fish quit biting. When Amanda's mother was alive they were a threesome. They would leave on Mondays and always be back in Manning for the weekend. "Aunt Amanda enjoyed fishing very, very much," Mahnke said.

Amanda always had an abundance of



Amanda Stoelk

flowers and would spend hours gardening in her flower beds. She loved to bake and cook, as well.

"If she didn't have cookies, it wasn't Aunt Amanda, we used to tease her," Mahnke said with a giggle.

Frank passed away after the couple had been together nearly 57 years. Amanda continued to live in their home on Ann Street until recent years when she became a resident of the Manning Plaza.

Amanda is a lovely lady with a beautiful smile that Manning can be proud to call one of their very own.

(Thanks to Milo Clark for his research on this story.)

There are places I'll remember all my life
though some have changed.
Some forever- not for better,
some are gone and some remain.

Of these places I remember,
old friends I still recall,
Some are gone and some are living-
in my life I've loved them all.



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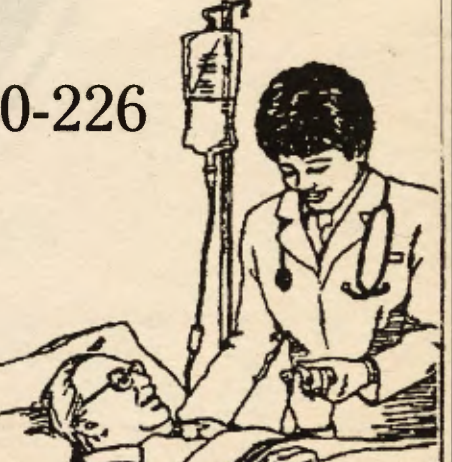
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FARE SHARE Provides Reward for Volunteerism



Numerous volunteers lend a hand with distribution of FARE SHARE foods. Above, from left are Lila Schroeder, Shirley McCollum, Blondina Carstens, Evelyn Antone, Elberta Grimm, JoAnn Wittrock, Gene McCollum, Gerdie Dammann, Shirley Spack, Wayne Schroeder and Helen Petersen.

FARE SHARE is a volunteer-related program that benefits everyone. The program was developed to intertwine with volunteer efforts in communities. While many programs are based on income, or are available to a select group of people, FARE SHARE is for everyone. It is not a government program and is a not-for-profit organization. SHARE stands for Self Help and Resource Exchange.

In exchange for two hours of volunteer service a month and \$13 in cash or food stamps, a food package can be bought consisting of up to three times the value paid. The program was implemented in an effort to aid a commitment to work together as a team of people willing to help themselves and their community.

Benefits of the program don't stop there. New friendships are established enriching the lives of the volunteers and there are the feelings of accomplishment that come from helping others.

The Manning Community Center is the distribution point for FARE SHARE once a month. Additional information is available from the center.

Child's View of Retirement in a Mobile Home Park

After a school break, the teacher asked her small pupils how they spent their holiday. One little boy's answer went like this:

"We always spend vacations with grandpa and grandma. They used to live up here in a brick house, but grandpa got retarded and they moved to Florida. They live in a place with lots of retarded people. They live in tin huts. They ride big three wheel bicycles. They go to a big building they call the wrecked hall, but it is fixed now. They play games there and do exercises, but they don't do them very well. There is a swimming pool and they go to it and just stand there in the

water with their hats on. I guess they don't know how to swim. My grandma used to bake cookies and stuff, but I guess she forgot how. They all go to restaurants that are fast. Nobody cooks there anymore. As you come into the park, there is a dollhouse with a man sitting in it. He watches all day, so they can't get out without him seeing them. They wear badges with their names on them. I guess they don't know who they are. My grandma says grandpa worked hard all his life and earned his retardment. I wish they would move back home, but I guess the man in the dollhouse won't let them out."

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Sherry Vogel,
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Plaza residents, as well as volunteers and friends take part in activities. At left, resident Minnie Lamp paints during ceramics. At right, Lila Handlos and Thelma Rowedder work on ceramic projects. Below, Laura Alwill enjoys reading the paper.



MOMENTS

If I had my life to live over,
I would try to make more mistakes next time.
I would relax. I would lighten up. I would be sillier than I ever have been.
I would take more things less seriously.
I would be crazier. I would take more trips.
I would climb more mountains, swim more rivers, and watch more sunsets.
I would have more real problems and very few imaginary ones.
I have had my moments, and if I had it to do over again,
I'd have more of them.
In fact, I'd have nothing else...
Just moments, one after another instead of living so many years ahead
of each day.
I would go places and do things and travel lighter than I have.
I would stand barefoot earlier in the spring and stay that way later in the fall.
I would succeed by accident. I would ride on more merry-go-rounds. I would
gather more clowns in my life.
I would pick more daisies. I would meet more people and hold more hands.
I would meet you earlier and know you longer.
I would love you better...

Perhaps it's not too late!

Anonymous

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Manning Plaza, a busy place

Right — Jane Bennett teaches Plaza residents. Bennett travels the country conducting Country School for nursing homes. This is a regular activity at the Plaza.



Left — Residents keep active with bowling on a regular basis. Hilda Karsten shows her form.

Memories of a Grandma

by Becky Bothun

I sat upon her lap
when I was very small.
I traced the lines upon her face
that told about her call.

In all her years it wasn't money
that put the smile on her face.
But, to look into my shiny eyes
and feel my small embrace.

Always patient with me,
she'd show me what to do.
We'd bake the pies and cookies,
and never be quite through.

She'd take me to her lady friend's,
we'd coffee and we'd visit.
Never once would I be told,
"Your just to young, don't quiz it!"

She always was so happy
and fun to be around.
Oh, the cookies that she baked
could take away a frown.

The yard was surrounded with lilacs,
and there were apple trees.
Flowers grew in flower beds,
with a swing beneath a tree.

Cool breezes on a summer afternoon
blew softly against my cheek.
She'd sit with me for hours
and play games of hide-n-seek.

It was just a normal passing of the time.
This was not ordinary lady,
This Grandma was mine.



Left — With a little help from friends, residents enjoy wheelchair dancing.

Lamp of Love

Oh, let me be a lamp of love
Whose flame will never die,
Designed to warm the hearts I meet
As months and years go by.
One gift alone have I to give;
Grant I may use it well
And light the world with kindness
Where only shadows fell.

Oh, let me be a lamp of love,
Whose cheery little glow
Brings hope and consolation
To the people that I know,
And rising to the highest plane
Wherein all things are true
Give of myself unselfishly,
Forgetting me for you.

Oh, let me be a lamp of love,
A humble little flame,
Remembering the source of all
Things lovely whence it came.
Reserving nothing, giving all,
Expecting no return,
May I become a lamp of love,
Forevermore to burn!

Author Unknown



Manning's Senior Center provides residents with opportunities for various activities, including a good card game. Card players above, from left are Helen Petersen, Blondina Carstens, Olivia

Petersen, Helen Donaghu, Bernice Laverty, Velma Smith, Erna Sander, Selma Ullerich and Lillian Spear.

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MCS Provides Wide Variety of Opportunities for Manning Seniors

The Manning Senior Center, located on South Main Street, is an important establishment for the seniors of the community. Established in the late 1970's with funding provided through a grant, the center has become a second home to many and plays an important role in the lives of Manning's senior residents.

Seniors play cards, pool, watch movies and television at the center. They hold meetings, eat meals, have guest speakers, play bingo and visit at the center. Many volunteer mailings take place from the center, as well. While the center is not available for rentals, it is available for all recognitions pertaining to seniors.

Membership dues are \$10 per year with the money used to purchase items necessary to maintain the facility. All maintenance is done by senior volunteers and dues are used for the general operating fund.

The center operates under the Low Rent Housing Agency, while an advisory board oversees events in the building. Members of the board are Janet Gruhn, chairman; LaRae Heller, secretary/treasurer; Bill Opperman, Gordon Schmarzo and Kenneth Pfankuch.

Manning Community Services is a non-profit organization and depends solely upon donations and fund-raisers to remain in operation.

Thank you, Seniors, for
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Lila Schroeder, "Volunteer" Volunteer Coordinator

by Becky Bothun

"Volunteering has always been a part of our life. Mother started the tradition," said Mrs. Wayne (Lila) Schroeder, volunteer coordinator for the Manning area. Lila volunteers her services coordinating volunteer workers with various projects and areas of need.

Volunteering their time and talents has been a way of life for the Schroeder family, dating back to the 1970's when the family was active in scouting. Numerous hours went into the program when their daughters, Susan and Debra,

were involved.

The Schroeders opened their home to an AFS student from Germany during the 90-91 school year and to an AFS teacher from Chili, January to June of '93. Both experiences were interesting for the family. They continue to hear from both young women often. Alex (Germany) returned for a visit with her brother, and Claudia (Chili) hopes to return to Iowa for a visit someday.

Lila worked as a bookkeeper for twenty years at the J & S Feed Service in Manning before retiring at age 60 to do

the things that she really enjoys. At the top of her list is volunteering her services, time and talents to a wide array of opportunities available in Carroll County and the Manning area.

"The Manning Community Center (Senior Center) is really important to me," Schroeder said. "The center has many good things going on."

The center is a focal point for the congregate meal site which Schroeder oversees as a part of her job description as the chairman of the Low Rent Housing Unit Board. Some of the other activities that take place at the center are pancake brunches, potlucks, holiday parties, movies, commodities distribution, FARE SHARE distribution, and card parties.

Schroeder actively serves on the advisory board of Carroll County for R.S.V.P. (Retired Senior Volunteer Program); is a baker and worker at the hospital snack bar through the Hospital Auxiliary; works at the Manning Development and Information Office; is secretary for the Community Chest; is a member of the Garden Club; is the assistant conductress for the VFW Auxiliary;

and is the treasurer for the American Legion Auxiliary.

"Wayne was a volunteer fireman for many years. At that time, I was a member of the Fire Siren's Auxiliary," Schroeder said. "I am very fortunate that I am married to Wayne. Volunteering has become a big part of my life and if Wayne were the type of person that needed his supper at a certain time, it would never have been possible. Wayne is very supportive and many times is volunteering right along with me. We really enjoy helping other people."

The couple has been recognized for their volunteer achievements and awarded for their helping hands and supportive attitudes of the volunteer programs on numerous occasions.

Wayne and Lila were both born and raised in Manning. They became high school sweethearts and have been married for 46 years. They have three daughters, Susan, Debra and Linda, and are the proud grandparents of nine children.

"Manning has been very good to us," Lila said. "We couldn't ask for anymore."



Lila and Wayne Schroeder are among the many Manning citizens who, after retirement, remain active in the community through their volunteer work.

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Shorty Dammann, delivers a noon meal to Theresa Wanninger.



Marion Ream volunteers her nursing skills and provides blood pressure checks each month at the center.

Meal Site Provides Food and Fellowship

Manning's Senior Citizens don't have to eat alone. Five days a week they can enjoy food and friendship by dining with others at the Manning Senior Center. The idea behind congregate meals is to offer a good nutritious meal, with equal importance placed on fellowship.

Senior citizens age 60 and over, and their spouse, can eat a balanced meal that is approved by a dietician for the small fee of \$1.50 per person. However, anyone is welcome at the meal site by paying a \$3.00 charge.

On the average, fifty-five people enjoy the meals during the week, Monday through Friday. A Sunday meal is generally served on the third Sunday of

each month. If there are other activities going on at local churches, for instance, that Sunday is subject to change.

There are three paid employees at the meal site. Volunteers are active in several capacities during meal times. Some set tables, while others are busy in the kitchen lending a hand with clean-up. Still others are delivering meals for those who prefer to eat at home or are unable to go to the meal site for various reasons.

Reservations are encouraged by calling the Manning Senior Center at 653-3417 by 5:30 p.m. the day previous to attendance. However, reservations are accepted until 9:30 a.m. the day of the meal.



Betty Potthoff, kitchen employee.



The meal site often provides special guests in addition to the good food and circle of friends. Above, the seniors are provided with a parade of Easter hats, created and modeled by young school students.

Olivia Petersen Feels Fortunate to Live in Manning

Manning has been "home" to Olivia Christensen Petersen for many years. The 89 year old immigrant from Denmark states she feels fortunate to be here.

Imagine for a moment that you are ten years old. As you read Olivia's story you are reliving those times with her, through the eyes of a child who can't speak a word of English and knows only her mother, older sister and little brother.

Written by: Becky Bothun
As told by: Olivia Petersen

In the fall of the year in 1915 my mother, older sister and little brother and I boarded a ship with one smoke stack for a trip to our new home in America.

I had lived in Denmark since I was born on June 28, 1905, on the peninsula of Ylland. My dad, Lars, had left for America two years before and had established a blacksmith shop which he rented in Fiskus, Iowa and built us a little four room house. When he had gotten enough money together, he sent for us. But there wasn't enough money for the trip for the whole family, so my oldest sister, who was 17 at the time, stayed behind in Denmark for two years.

Every day on the boat was so stormy. It was bad weather all over that year. It was so cloudy and windy all the time that we were not allowed on the deck the entire ten days we were on the boat. There was one day that we couldn't even get out of bed, we were so sea sick.

You know, what thrilled me the most was when I saw the Statue of Liberty. It still gives me a thrill when I think of it. Of course, I'm too old now, but I would have liked to have gone back to Ellis Island. We spent the most horrible two weeks there.

When we got to Ellis Island they took our mother away and left us three little kids. We didn't know what they had done with her...they didn't tell us. My

brother was 5, I was 10, and my sister was 15.

They put us in a great big hall, in a great big room. At night we went through a long hall and then we got a blanket. We slept on a straw mattress with just the one blanket. We didn't dare leave because we thought our mother might come back. There wasn't a soul we could talk to...there was nobody we could talk to.

They took our suitcases...we didn't have a change of clothes. We had a little satchel with a comb, washcloth, and towel in it. That was all.

After a week had passed they came and got our sister. They took her away and left us two little ones all alone. We didn't know what happened to her. I'm telling you, I've never shed as many

tears as I did then.

When my sister returned we found out that they had mother in the hospital. Mother had given my sister some money...of course that was Danish money and my sister took it to a lady who exchanged it for American money. There was a guy who came through every day with some candy and she spent the money on candy for us. We needed something because the food was terrible. We couldn't eat that slop! The best thing we ever had was at bedtime when they would give us a little cup of milk and some crackers.

At first they had thought our mother was crazy. She had a nervous twitch in her face which got worse when all those people were looking at her when we got off the boat, so they took her away. All those that were on the ship went on to their destinations. We were the only ones that were kept back.

When they had her in the hospital they had wanted her to undress so they could bathe her and she wouldn't, which led them to believe she was crazy. But, if you know our mother, she wasn't crazy, she was stubborn!

After keeping her in the hospital for two weeks, they let us continue on. We rode the train from New York to Audubon. My father met us at the depot with a family from Fiskus that owned a car. When my mother saw the man who owned the car, she was confused. In Denmark only the very wealthy owned cars and they were all driven by chauffeurs, and here was this farmer dressed in overalls! She whispered in Danish to dad, 'can he drive a car?'

We arrived in Fiskus in August and started school in the middle of September. I couldn't speak a word of English. Imagine that! After I learned the language I caught on pretty fast and graduated from the eighth grade when I was 14. I wanted to go on to high school so bad but we lived nine miles from Audubon and my mother didn't trust me to be that far from home.

The trip from Denmark was awful, but I am so fortunate we came over. People ask me, 'wouldn't you like to go back to Denmark?' And I say, 'NO!!!' I've had it so good here compared to how we had it over there.

Olivia recalls her memories of the early times in Iowa with a smile. "Even though times were hard and money was tight," Olivia stated. "It has been a good life!"

Olivia married Carl Petersen on

February 7, 1923, at Audubon, Iowa. To this union three children were born. Together the couple farmed in Audubon county for several years and in 1933 moved their family to the Manning area to work on a farm for Doc Addison, out by the airport road.

In December of 1935, the family moved into Manning's south side. That was a very bad winter. To keep warm, the family bought coal once in awhile and got shavings from Daltmeier's, which they gave away for free. The children would go down by the coal bins that were located where Fara's Ag Center is now, to pick up the coal on the ground and haul it home to heat with.

"One particular time, the kids were down along the Milwaukee tracks with their little coastal wagon and they came home and they were so excited," Olivia recalls. "They said, 'Mom, we gotta' go right back! They threw out coal from the rail cars!' I bet they felt so sorry for those little kids down there. They came home with two coastal wagons full!"

Carl and Olivia started going to dances, in those early days, held at the old Fireman's Hall in Manning. Local bands such as the Ohde Boys and the Harmony Boys would play old-time music to large crowds at those dances.

"I am about the only one left from the group that we chummed around with," Olivia said.

In 1939, Olivia's husband was hired as a feed salesman for Mormon Manufacturing Company and worked for them for 16 years. Olivia worked for Priebe's Egg and Poultry Processing Plant, located south of where the blood plant is now, from 1949-1955.

At that time, Carl Petersen accepted a janitorial position with Buena Vista College at Storm Lake and Olivia went to work as an assistant cook at the local school there, until their retirement took them to Lake View in 1967.

"One of my best memories is what an excellent dancer my husband was, especially waltzes," Olivia said. "Carl died doing what he loved doing best." Carl Petersen passed away at the Five Mile House in August of 1972.

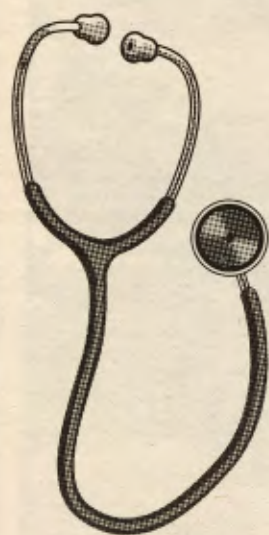
After Carl's passing, Olivia moved to the cozy house at 314 Madison Street in Manning, that to this day, is home to her and her companion, Snoopy, the cat.

Carl and Olivia's children are Mrs. Harold (Elaine) Reinke of Manning; son, Carl Jr. of Storm Lake; and their son, Donald of Marshalltown, who passed away in 1990. Olivia has 9 grandchildren, 13 great-grandchildren, and one great-great-grandchild.



Olivia Petersen

The health of Senior Citizens is important at Manning's Family Healthcare Center!



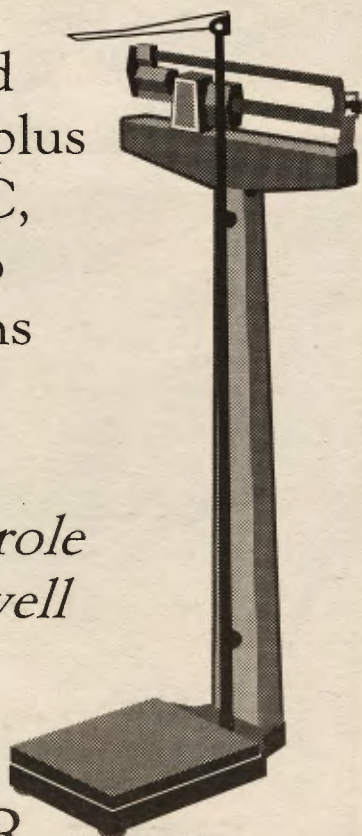
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Manning's Information & Development Office continues to operate thanks to volunteers. Attending an appreciation dinner in February were, from left, front, Norma Wiese, Betty Stoelk, Virginia Dethlefs, Vila Ranniger; back, Edith Stoberl, Ester Williams, Rita Zerwas,

Mildred Horbach, Helene Heithoff, Lila Schroeder, and Marion Knueven. Not all volunteers were able to attend the dinner. Others are named at end of article below.

Volunteers Keep Manning Information Office Running

What began over three years ago on a "trial basis" has turned into a service relied upon by people throughout the area -- and it wouldn't be possible without Manning's senior volunteers.

The Manning Information and Development Office was set up in the German Village Mall with the hope it could serve as a central place for information about the community. Local organizations, churches, community developers and heritage committees were invited to have information about their work available at the office. An 800 telephone number was put into place, and the office began operation. Money for office operation was limited. Office hours were limited. Staff was limited.

There have been a lot of changes since then. The duties and responsibilities handled by the office have multiplied many times over. The office is still located in the mall, but has moved to a larger office with a meeting room. Financial support for the office continues thanks to contributions from several business and community agencies, but the budget is still limited.

Despite financial restrictions, the office hours and services have continued to grow and become a valued asset for Manning because of Manning's senior volunteers. Nearly twenty women are

currently involved with the office, working together to keep things running smooth. Using a rotating schedule, the workers take turns opening the office at 1:00 p.m. each weekday, Monday through Friday, and handling operation until closing time at 4:00 p.m.

Office manager, Norma Wiese, states the office is a success because of the volunteers. "The ladies do a wonderful job," Wiese said.

Wiese, who is paid for a portion of her work, is responsible for the office, the bookkeeping, the office services and scheduling of volunteers. According to Wiese, workers at the office perform many duties. Some of the services include mailing out information to people who want to know about Manning's history, heritage festivals, alumni activities, health care and economic development; addressing envelopes and preparing mailings for groups; making telephone calls to remind people about meetings; updating information lists within the office; sending quantities of festival cards to welcome centers across the state; taking messages; answering the phone and providing information; updating MAA mailing list; collecting membership fees; selling tickets to various functions; scheduling use of the meeting room; as well as serving as a pleasant community representative when visitors stop at the office for assistance or information.

"We pretty much try to do whatever is asked," Wiese said. Volunteers keep a daily log of office activities, so the changing workers have easy access to what is going on in the office. Dialogue between the various workers is basically done through written messages left from one day to the next.

One of the major benefits provided by the office is the opportunity it has provided for Manning to sell souvenirs and keepsakes. The new, bigger office now has a room which serves, somewhat, as a Manning store. Visitors can find many types of festival, alumni, and heritage items: sweatshirts, caps, books, bottles, peppernuts, pins, postcards, booklets, potholders, and much more.

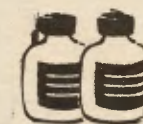
According to Ruth Ohde, who (voluntarily) oversees the overall operation of

the office, the office volunteers are a great asset to the community. The workers are relied upon by various local agencies. Ohde said that additional volunteers are always welcome, both men and women. An increased number of volunteers could allow more flexibility for current volunteers, as well as, perhaps, allow office hours to be extended.

Appreciation Is Extended To The Following Office Volunteers: Edith Stoberl, Esther Williams, Virginia Dethlefs, Helen Heithoff, Mildred Horbach, Marian Knueven, Betty Stoelk, Vila Ranniger, Rozora Schroeder, Lois Struve, Lila Schroeder, Rita Zerwas, Lois Stribe and Helene Tank. Thanks also to Lorraine Kruse and Ruth Hiatt who resigned in 1994.

Senior Citizens are Valued Customers at Manning Pharmacy!

You can trust us with your prescription needs. We strive to provide competitive prices and professional service.



- Efficient computerized records
- 24 Hour emergency service
- Full-time consultation service
- Most 3rd party insurance accepted
- Free home delivery/mailing of prescriptions

Thank you for letting us serve you!

Manning Pharmacy

Main St., Manning
712-653-9490

Bob Stessman
Pharmacist



Looking for a way to express appreciation to a Manning Senior Citizen?

Consider a practical gift: Congregate Meal Tickets or Bus Tokens.

They can be purchased at the Manning Senior Center

Senior Citizens Enrich Manning

by Becky Bothun

Senior Citizens are an important resource in Carroll County. They currently make up nearly one-fourth of the county's population. And, because they are willing to give of their time and talents, they contribute to the economic development and enrichment of our society.

RSVP, Retired Senior Volunteer Program, has become the organizing unit under which many seniors volunteer. In 1995, 585 volunteers in Carroll County contributed 59,373 hours in areas of need. At a modest value of \$5 per hour, \$296,865 was saved by providing extra services that make economic sense in today's budget-cutting philosophy.

RSVP provides insurance which covers volunteers for accidents or death while volunteering. Mileage reimbursement assures that no financial hardship falls on the volunteer. RSVP acts as an employment agency, so to speak, between volunteers and agencies that need their help.

Volunteer work also benefits the seniors by providing meaningful activities and better citizenship. The volunteers remain involved in their communities, making them more aware of the needs of others. RSVP encourages social support for seniors who enjoy the feeling of being an important part of society thus preventing the isolation and despair that may accompany aging.

Manning RSVP volunteers provide a wide range of services for the community. One project, for example, is the preparation of mass mailings for the Chamber of Commerce, the hospital, and the school, by labeling, folding, and pasting items of information, as needed. Donations are accepted from organizations to offset the costs associated with the mailings.

Falling into the category of RSVP is any type of volunteering such as that associated with the auxiliaries, church work or helping a neighbor. Virtually anything that is done to help anywhere without pay is RSVP.

An item in "Ripley's Believe It or Not" shows a picture of a plain iron bar worth \$5. The same bar of iron, if made into horseshoes would be worth \$50. If made into thousands of sewing needles it would be worth \$5,000. And if it were made into balance springs for Swiss watches it would be worth \$500,000. Using this information as a parallel to volunteering, it is not so important what the raw material is, but what that raw material is developed into. It is not so important how many talents or skills a person has, as it is what is done with them. There is a place and a need for everyone willing to accept the challenge of volunteering.

One of the most valuable resources we have are the hearts and hands of senior volunteers who make a difference every day in our community.



Volunteers helping with mailing are, left to right, Hazel Ehlers, Wilma Wolfe, Amanda Borkowski, Edith Stoberl, Lila Schroeder, Helen Petersen and Gerdie Dammann.



Volunteers include, seated, from left, Elberta Grimm, Lillian Spear, Edna Sonksen, Gilbert Peters, Rita Misselhorn, Olivia Petersen, Marion Knueven; standing, Lila Schroeder, Joe Sonksen, Gerdie Dammann, Amanda Bogatzke, Edith Stoberl, Helen Petersen, Dorothy Dunlap.

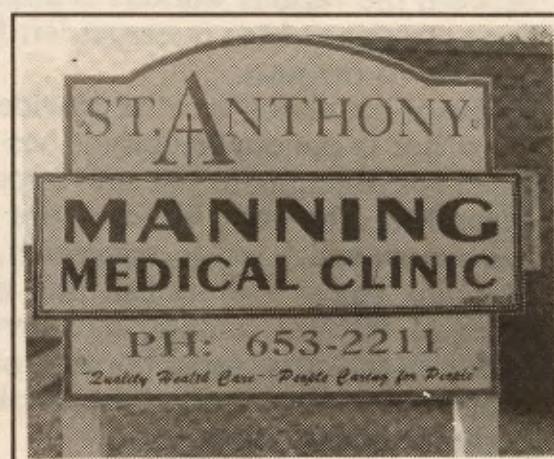


Volunteers include, from left, Gilbert Peters, Rita Misselhorn, Olivia Petersen, Marion Knueven, Lillian Spear, Edna Sonksen.

St. Anthony Manning Medical Clinic

honors all senior residents and says
"Thank You for your many contributions!"

We care about your health and offer
quality care and our sincere
interest in your concerns.



**BARBARA
BOLDT, PA-C**

Call for an appointment,
or stop at the clinic
Mon-Fri 12:00 to 5:00 PM
221 Ann St., Manning
653-2211

Malinda Lerssen, First Terrace Apt. Tenant

by Becky Bothun

Malinda Lerssen has been a resident of Manning's Terrace Apartments for 24 years. She and her husband, Art, were the first tenants to move into the apartments after they were built in 1971.

Malinda was born on a farm a few miles from Manning on July 15, 1905. Shortly after her birth, the family moved to South Dakota. She graduated from the eighth grade and went on to teacher's training at Springfield, South Dakota.

"When I was teaching school there were boys in my class bigger than I was," Malinda said. "I would ride the horse and buggy the three miles to the country school. There weren't many cars back in those days, but one day a car came by and the horse took me and the buggy to the ditch. I never took the buggy again. I rode horse back!"

On August 8, 1923, Malinda married Arthur Lerssen from Scotland, South Dakota, and became a farmer's wife. The couple raised crops and livestock.

"And we milked more cows than you can believe!" Malinda said.

The couple was married eight years before the arrival of the first of three children.

"In 1936, one of my brothers was farming near Manning and talked my husband into moving here because South Dakota was drying out so bad and they were doing well here," she said.

Eventually, Art got a job at the Ford garage and later Daltmeier's and the family moved into south Manning. Malinda went to work for Ann Paulson's Club in Manning.

In the 1950's, Claus Nielsen's mother and father owned the hotel on the north end of Main Street and had decided to sell the business. People began to urge Malinda to try it on her own, to buy the hotel. And she did.

The hotel stood three stories tall. The regular customers (the ones that lived there) were on the third floor, which they bought with the hotel! There were a

total of twenty-three rooms.

"We charged about \$1.50 a night back then," Malinda said. "And I only served food when the cafe was closed. We had a good business."

The Lerssen's decided to get out of the hotel business after 20-plus years, when the older salesman retired and quit coming. The younger ones would drive back home, so the rooms weren't renting like they used to, she said.

The couple continued to live at the hotel without boarders for three more years, and in 1971, made the move to the Terrace Apartments. They were in their new home just one month when Art became ill and passed away shortly after. They hadn't been able to sell the hotel and with the large medical bills the hospital agreed to take the hotel as payment.

"All of the original renters at Terrace Apartments are gone now," Malinda said. "I am the only one left. I've seen a lot come and go. I've got it good here."



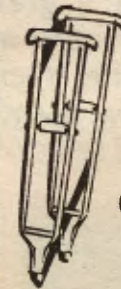
Malinda Lerssen

There are two kinds of people on earth today
just two kinds of people no more I say
Not the good or the bad for tis well understood
the good are half bad and the bad are half good
Not the rich or the poor for to know a man's wealth
you must first know the state of his conscience and health
Not the happy or sad for the swift flying years
bring each one their laughter and each one their tears
Not the humble or proud in lifes busy stand
who put on vain airs is not counted in man
No, the two kinds of people on earth that I mean
are the people who lift and the people who lean
Wherever you go you'll find the world's masses
are ever divided in just these two classes
And strangely enough you'll find too I ween
there's only one lifter to twenty who lean
In which class are you, are you easing the load
of overtaxed lifters who toil down the road
Or are you a leaner who left others to bear
your portion of worries and labors and cares
Yes, the two kinds of people on earth that I mean
are the people who lift and the people who lean

By Ella Wheeler Wilcox

Poem shared by
Ray Willhoite,
Wall Lake, Iowa

Wheelchairs



Hospital Beds, Walkers and



other types of hospital equipment
are available for free public use
through Manning V.F.W. Post 3517.

To obtain equipment call the V.F.W.
at 653-2957 or Ken Jensen 653-2133

Manning
General Hospital
~
Manning Plaza
~
Manning Family
Recovery Center
653-2072

Ginger's
Family Hair Care
Shop 653-3232
Home 653-2288
Ginger Heckman

**BUNZ
LAW FIRM**
Claus Bunz
Erwin H. Hansen
Attorneys at Law
653-2857

Frank E.
Greteman
Optometrist
Manning & Carroll
653-2330

Marty Ahrens
Dental Office
Marty and Carol
215 Main, Manning
653-2385

American
Protein Corp.
Manning - 653-2201

*We're Pleased
to Salute
Manning's
Senior Citizens*

KNUEVEN INSURANCE AGENCY



Gary Knueven,
Broker
Manning
653-2121

DETLEFSEN ELECTRIC

Electrical - Plumbing
Heating - Air Conditioning
Manning
653-2779
John Detlefsen

First Club Keeps Seniors on the go

First National Bank's *First Club* is a local organization that has been keeping many of Manning's Seniors on the go for the past four years. The group's activities vary from month to month, however, they always add up to fellowship and fun.

The fourth anniversary of First Club was observed February 19, 1995 when the bank hosted a celebration at the school. Members were treated to a meal, followed by a program featuring musical entertainment by the Kuhlmann Sisters.

First National Bank created the club as a means of showing appreciation to loyal customers. To qualify for membership customers must be (1) 55 years of age or over; (2) have \$5,500 in a First National Bank checking or savings account, or a combination thereof; (3) or pay a \$55 a year membership fee if the required bank balance is not met.

Among the special benefits provided for members are: discount checks, free regular checking, free money orders, free copies, free travelers checks, membership cards which guarantee cash advances out of town, seminars, group parties and travel.

The group activities include an annual anniversary party, monthly card parties at the Manning's Senior Center, seasonal parties such as Halloween and Christmas gatherings, and several opportunities for group travel.

According to the club's coordinator,

Sally Dunshee, travel usually involves one 5 to 7 day trip, one 2 or 3 day trip, and 3 or 4 one-day trips. She said a *First Club* advisory board, made up of club members, assists her with decisions on trips and various activities scheduled for the club.

Dunshee has served as coordinator for *First Club* since the group was organized. She plans and directs all activities. Over 250 customers are currently members of *First Club*. They are kept informed of club activities and banking information through a bi-weekly newsletter.

Dunshee notes that some of the highlights of the past four years have included trips to Nashville, Tennessee; Branson, Missouri; the Tulip Festival in Pella; the Botanical Gardens, Henry Doorly Zoo, Field of Dreams, Mackinac Island and the Amana Colonies.

"*First Club* has been an excellent opportunity for me, as the director, to develop friendships with people I only knew as customers. Now they are great friends," said Dunshee. "This club has a great sense of humor and enjoys living life to it's fullest. They have shown me that growing older is merely a state of mind -- that you are only as old as you feel in your mind. They are a great group of people and I wouldn't give up the opportunity to work with them --ever! They are understanding friends who happen to be few years my senior."

Right: Colene Rowedder is among First Club members who attended the club's fourth anniversary party held February 19.

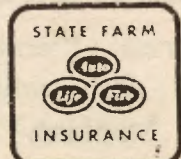
Below: Members Odessa Wycoff, left, and Clara Martens enjoy entertainment provided in conjunction to the anniversary event.



Rita Stangl, Erma Muhlbauer, Virginia Knobbe, Lila Handlos and Eleanor Irlmeier were among First Club members who enjoyed a trip to Mackinac Island.

Manning Senior Citizens add quality to our lives. Thank you!

STATE FARM
INSURANCE



Gib Phillips
653-3201 - Manning

Rix
Amoco



Allen Rix
Manning
653-2960



Mary's
Country
Clips

Mary Sailer
653-2944

MJM
Enterprise, Inc.

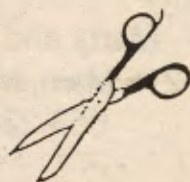


Ron and Gene
Manning ~ 653-3621

LeBoutique
Beauty Salon

653-2559
Manning

Bonnie
& Nikki



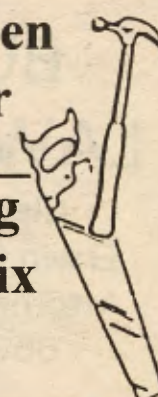
PUCK
Implement
Company



Manning ~ 653-2574

Rasmussen
Lumber
653-2569

Manning
Ready Mix
653-3221
Manning



Grandma & Grandpa Program Benefits Elementary Students

The Grandma & Grandpa Program is one of the benefits that First National Banks' First Club has brought for the community -- more precisely, for Manning school students.

Now in its second year, the program provides grade school students with a special helper on a regular basis. Approximately ten First Club members are actively involved in the program at the present time. Those volunteers include: Virginia Struve, Kay Pfannkuch, Lola Muhlbauer, Wava Lorenzen, Colene Rowedder, Mercedes Bowers, Edith Stoberl, Dorothy Arp, Rose Ann Nulle

and Alice Stevens.

Manning Elementary Principal, Barbara Kruthoff said, "The volunteer program has helped to meet the needs of students needing more individual attention and students who are a little behind on skills. The volunteers allow students to make more rapid progress."

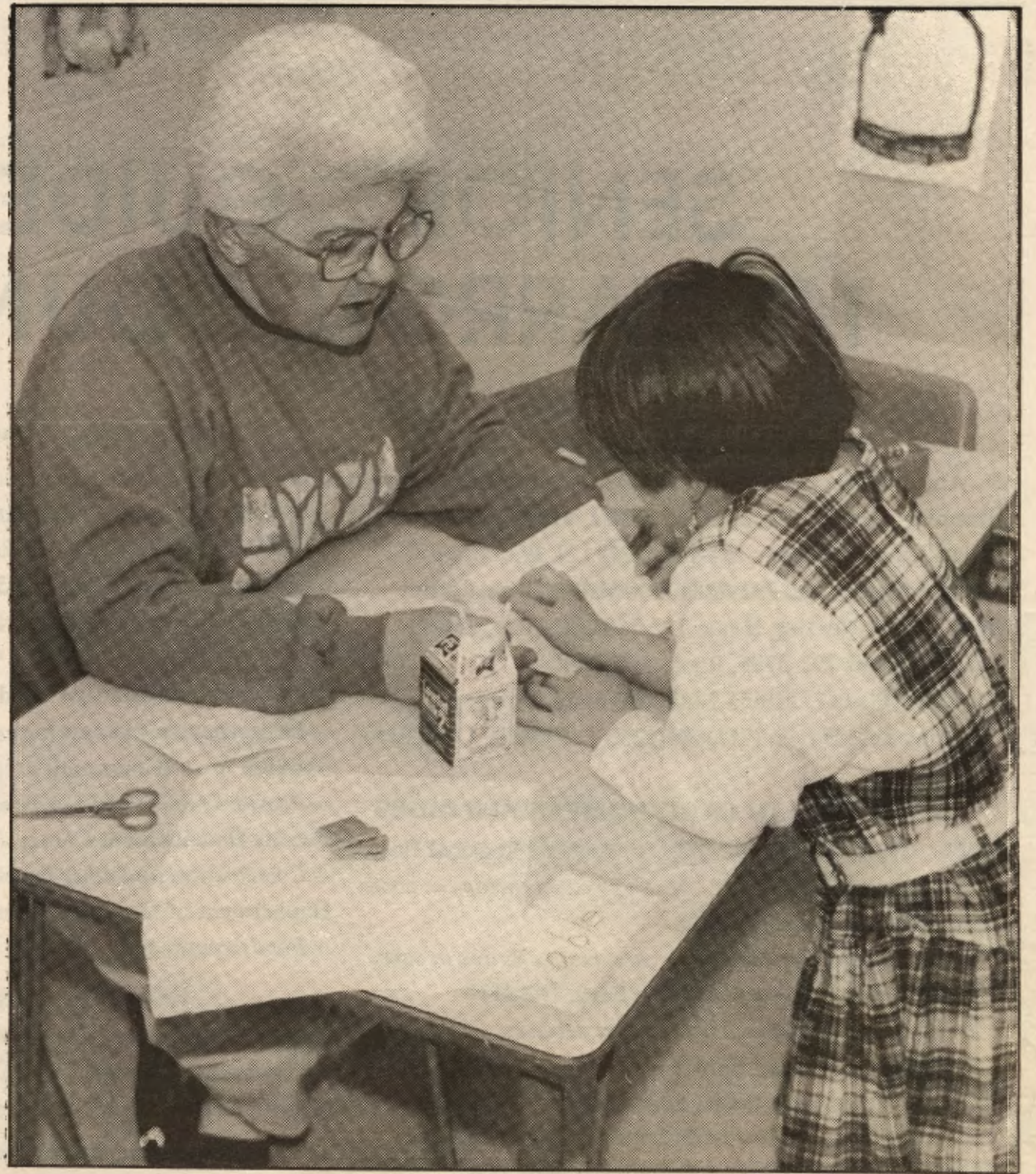
Kruthoff said the volunteer program is also helpful in assessing at what level transfer students are in their learning when they come into the Manning school system.

Kruthoff praises the program and expresses appreciation.

I'm Awfully Well for the Shape I'm In

There's nothing whatever the matter with me;
I'm just as healthy as I can be.
I have arthritis in both of my knees;
And when I talk, I talk with a wheeze.
My pulse is weak, and my blood is thin,
But I'm awfully well for the shape I'm in.
Arch supports I have for my feet,
Or I wouldn't be able to walk on the street.
Sleep is denied me night after night,
And every morning I look a sight.
My memory is failing; my head's in a spin.
But I'm awfully well for the shape I'm in.
The moral is, as this tale we unfold,
That for you and me who are growing old,
It is better to say, "I'm fine," with a grin,
Than to let them know the shape we're in.

Author unknown



Volunteer Grandma, Wava Lorenzen, works with a young student.

First Club, your passport to adventure!



If you're looking for a way to add more fun to your life, we have just the answer.

First National Bank's *First Club* provides customers, 55 and older with many benefits, in addition the opportunity to enjoy outings with other special seniors from the area. Club members are entitled to discounted checks, free regular checking accounts, free money orders, free copies, free travelers checks, membership cards guaranteeing cash advance out of town, seminars, and monthly card parties in addition to our trips.



*Stop in soon and find out
how easy it is to become
a First Club Member!*

FIRST NATIONAL BANK

Each depositor insured to \$100,000
FDIC

Manning ~ 712-653-3557

Trips Planned

MAY 9

Henry Doorly Zoo

MAY 25

Day trip to Story City

JUNE

A Collector's Show

JULY

Six day trip to
Smoky Mountains

OCTOBER

Three days in Branson

DECEMBER

Christmas trip to Des Moines

SENIOR'S GUIDE TO CARROLL COUNTY

Many services are available to senior citizens in Carroll County, but it can be hard to know where to go. Let this page be your guide. Clip it and keep it in your phone book.

HOSPITALS/NURSING HOMES

St. Anthony Regional Hosp., 792-3581, S. Clark St., Carroll
Manning General Hospital, 653-2072, 410 Main, Manning
Carroll Health Center 792-9284, 2241 N. West, Carroll
Carroll Manor Inc. 792-9281, 500 Valley Drive, Carroll
St. Anthony Nursing Home 792-3581, S. Clark, Carroll
Mallard View 792-3785, Route 2, Carroll
Manning Plaza (712)653-2422, 402 Main, Manning
Thomas Rest Haven (712)684-2253, 217 Main, Coon Rapids

HOME HEALTH CARE/HOMEMAKER AIDES

Public Health Nurse, 792-3581 St. Anthony Regional Hosp.
*Nursing care, homemaker, speech/physical therapy in home.
HomeCare Options 792-0322
* 24 hour/7 days home nursing care, respite & live-in care.
Carroll County Home Care Aide Serv. 792-9517
* In-home health aide and homemaker services.
Carroll Area Nursing Service - 792-1111
*In-home health care and nursing services.
Care-All Infusion Services 792-9446 or 1(800)333-1891
707 N. Main, Carroll 8:30 a.m.-5:30 p.m. Mon.-Sat.
* Provides I.V. (intravenous) therapy & enteral nutrition.
Hospice 792-3581, Ext. 371 St. Anthony Regional Hospital
In-home service, support for terminally ill patients & families.
Alzheimer's Respite & Support Group -1(800)432-8926.
Rural Alzheimer's Outreach Project, Box 106, Audubon

HOME HEALTH CARE EQUIPMENT

Rent or borrow beds, wheelchairs, crutches, equipment, etc.
Abbey Home Healthcare 792-6022 - Equipment for rent
Apothecary Pharmacy 792-4591 - Equipment for rent
American Cancer Loan Closet 792-8248 Loan equipment.
Lifeline * Pendant summons emergency help 24-hours a day.
-- St. Anthony Regional Hospital.. 792-3581, Ext. 228
-- Manning General Hospital - 653-2072

MENTAL HEALTH SERVICES

Carroll Regional Counseling Cntr. 792-5728
P.O. Box 754, Fourth Floor, St. Anthony Hospital, Carroll
Catholic Charities 792-9597
409 1/2 W. Seventh St., Carroll
Lutheran Family Service 1 (800)622-7285

VETERANS SERVICES

Veterans Relief 792-5150, 515 N. Main, Carroll
* Assists veterans & veterans' widows

SOCIAL SECURITY

Social Security.... 792-9000 or 1 (800)772-1213
715 N. Clark St., Carroll 9 a.m.- 4 p.m., 5 days/week
Free help on social security, Medicare



NUTRITION/FOOD PROGRAMS

Congregate Meal Sites serve nutritious meals to senior citizens over age 60, at noon weekdays in three communities.
Carroll Meal Site, 792-3058 Rec Center Activity Rm, Carroll
Coon Rapids Meal Site, 684-5514 Municipal Bldg., C.R.
Manning Meal Site 653-3417 Manning Senior Center Bldg

Community of Concern Food Pantry 792-5150, 515 N. Main
-- Emergency food supply for needy.

SHARE Iowa (Community Opportunities) 792-2832

-- Provides food for \$14 & community service. All qualify.
Family Development Center - 792-2832, 628 W. 8th St.
-- Commodities and other financial assistance.
Department of Human Services -792-4391, 515 N. Main
-- Food stamps and referral.

HOUSING/UPKEEP & REPAIR

Family Development Center 792-2832, 603 W. 8th St. Carroll
-- Choreperson, weatherization, low-income energy assistance
Regional XII Housing Authority 792-5560 108 W. 6th
-- Helps low-income families and elderly pay rent.
Elderbridge Agency on Aging 792-3512, 514 N. Court
-- Rent reimbursement for low-income

TRANSPORTATION

Taxi Service 830-0123, 8a.m.-5p.m., Mon.-Fri. \$2 ride or 10 coupons for \$9, on sale at City Hall.
Region XII Western Iowa Transit System 792-9914
1 (800) 846-4617 --104 W. Sixth St. Carroll
-- Provides on-demand public transportation in 8-county area for general public; fee is suggested donation.
Retired & Senior Volunteer Program - 792-4212
-- Assistance in private transportation to other towns
Department of Human Services - 792-4391, 515 N. Main
* Out-of-town transportation for those on Title 19.
Road to Recovery (Am.Cancer Soc.) 792-8248

FINANCIAL/TAXES/INSURANCE/LEGAL

General Assistance (Extra Effort) 792-5150, 515 N. Main
* Emergency aid for rent, utilities, medical, necessities, etc.
Department of Human Services -792-4391, 515 N. Main
-- Food stamps, Medicaid, SSI, Title 19, medically needy, information and referral.
SHIP - Senior Health Insurance Information 792-3512
VITA Volunteer Income Tax Assistance, 792-3512/792-4212
Financial Counseling, Extension Office - 792-2364
Iowa Concern (financial/legal information) 1(800)447-1985
* Free assistance for legal, financial, family problems.
Consumer Credit Counsel. Service 1 (800)798-1861
* Free counseling to people with financial problems.
County Attorney, 792-3485, 225 E. Seventh, Carroll
Legal Assistance 1 (800) 432-9229
Victim/Witness Restitution Service 792-6092
Agency on Aging Information Line 1 (800)243-0678
TRAC Information & Referral 1 (800)522-1962

CRISIS LINES

Area XII Alcohol, Drug Prevention..... 792-1344
Domestic Abuse Prevent. Cntr....792-672 or 1(800)383-9744
Behavioral Medicine Unit 792-6619 or 1(800)562-6060

LAW ENFORCEMENT

Sheriff's Department 911 or 792-4393

FOR ALL EMERGENCIES CALL 911
Ambulance, Police, Sheriff, Fire (all towns)

RECREATION

Carroll Recreation Center, 792-5400
N. Grant Rd., Carroll - Swimming, art, activities for all ages
Golden Circle Card Club Mon., Wed., Fri., Sun. after 1 p.m.
-- Euchre and pinochle, open to all, Rec Center meeting room.
Thursday Afternoon Bridge Club, 1 p.m., Rec Center
-- Bridge open to all, following congregate meal.
Carroll Municipal Golf Course 792-9190, N. West St., Carroll

VOLUNTEERING

Volunteering offers many ways to help your community.
Retired & Senior Volunteer Program 792-4212.
514 N. Court St., Carroll.
-- Volunteers 55 and older help non-profit agencies.
Elderbridge Area Agency on Aging..... 792-3512
514 N. Court St., Carroll
-- Volunteers help in outreach to senior citizens.
American Assoc. of Retired People (AARP) 792-4419
Meets last Thursday of month at 1 p.m. at Orchardview Apts.
-- Seniors involved in information & advocacy programs.
St. Anthony Regional Hospital Auxiliary....792-2581.
--Volunteers help at coffee shop, information desk, etc.
Hospice, St. Anthony Regional Hosp, ...792-3581, #371.
--Volunteers help families of terminally ill who stay in home.
Alzheimer's Rural Outreach Project.....1(800)-432-8926.
Box 106, Audubon-- Volunteers give caregivers free time

JOBS & TRAINING

Senior Worker Specialist, Job Service 792-2685
619 N. Carroll St. Carroll, Ia. Open 8 am-4:30 pm,
* Employment training, job placement, unemployment comp.
Green Thumb 1(800)782-7519 Box 93, Aurelia, IA 51005
* Employment and training for low-income 55 and older.
Vocational Rehab 792-9351, 603 N. Adams St.
* Rehabilitation for persons with disabilities to return to work.

SENIOR CLUBS

AARP (American Assoc. of Retired Persons) 792-4419,
Orchard View Apts., S. Anthony. Meets last Thurs., 1 p.m.
Programs & information for senior citizens.
Arcadia Senior Citizens - 663-4384 - American Legion Hall,
Arcadia. 2nd Tues., noon meal; 4th Tues. 1:30 p.m., cards & lunch
Breda Senior Citizens 673-2794, American Legion Hall,
Breda. 1st Mon., 12:45 p.m., lunch; 2nd, 3rd, & 4th Mon., at 1:30 p.m. cards
Young at Heart 792-1122 Methodist Church, 1620 N. Adams.
2nd Mon., 10 a.m., program and potluck noon. All religions.
Coon Rapids Seniors 684-5514, Municipal Bldg, 123 Third
St. Coon Rapids; Fri, cards after congregate meals; Mon. RSVP
quilts.
Dedham Senior Citizens 683-5657, American Legion Hall,
Dedham. Meets when ladies of church wish.
Glidden Senior Citizens 659-3627 American Legion Hall,
Glidden. 2nd Thursday potluck, bingo & cards.
Halbur Senior Citizens 658-2331, St. Augustine Auditorium,
Halbur. Every other Wednesday noon during school year.
Elm Crest "C" Club - 653-2752, Elm Crest Apts., 820 12th,
Manning. Every Thursday
Pastime Club 653-2861, Manning MCS Sr. Center, 612 Main,
2nd & 4th Mon.
Terrace "C" Club 653-2155, Terrace Apts. 421 Center,
Manning. 1st & 3rd (& 5th) Mondays.
Templeton Social Club - 669-3642 Sacred Heart Parish Hall,
Templeton. 1st & 3rd Wednesday, meal and cards (Jan. & Feb.
meet in town hall for cards)

**Prepared by the Retired &
Senior Volunteer Program**